

Wayfinding Questionnaire (WQ)

The following 22 questions are about navigation
(complaints about getting lost, difficulty finding your way).

You can answer the questions by choosing the number
that best fits your answer.

Meaning of numbers 1 to 7:

1	2	3	4	5	6	7
Not at all applicable to me	Slightly applicable to me	Somewhat applicable to me	Moderately applicable to me	Quite applicable to be	Very applicable to me	Completely applicable to me

1. When I am in a building for the first time, I can easily point to the main entrance of this building.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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2. If I see a landmark (building, monument, intersection) multiple times, I know exactly from which side I have seen that landmark before.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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3. In an unknown city I can easily see where I need to go when I read a map on an information board.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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4. Without a map, I can estimate the distance of a route I have walked well, when I walk it for the first time.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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5. I can estimate well how long it will take me to walk a route in an unknown city when I see the route on a map (with a legend and scale).

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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6. I can always orient myself quickly and correctly when I am in an unknown environment.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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7. I always want to know exactly where I am (meaning, I am always trying to orient myself in an unknown environment).

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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8. I am afraid of losing my way somewhere.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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9. I am afraid of getting lost in an unknown city.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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10. In an unknown city, I prefer to walk in a group rather than by myself.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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11. When I get lost, I get nervous.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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To what extent do you feel uncomfortable withj:

12. Deciding where to go when you are just exiting a train, bus, or subway station.

<i>Not at all uncomfortable</i>	1	2	3	4	5	6	7	<i>Very uncomfortable</i>
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In welke mate voelt u zich ongemakkelijk bij:

- 13.** Finding your way in an unknown building (for example a hospital).

<i>Not at all uncomfortable</i>	1	2	3	4	5	6	7	<i>Very uncomfortable</i>
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In welke mate voelt u zich ongemakkelijk bij:

- 14.** Finding your way to a meeting in an unknown city or part of a city.

<i>Not at all uncomfortable</i>	1	2	3	4	5	6	7	<i>Very uncomfortable</i>
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- 15.** I find it frightening to go to a destination I have not been before.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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- 16.** I can usually recall a new route after I have walked it once.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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- 17.** I am good at estimating distances (for example, from myself to a building I can see).

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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18. I am good at understanding and following route descriptions.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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19. I am good at giving route descriptions (meaning, explaining a known route to someone).

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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20. When I exit a store, I do not need to orient myself again to determine where I have to go.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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21. I enjoy taking new routes (for example shortcuts) to known destinations.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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22. I can easily find the shortest route to a known destination.

<i>Not at all applicable to me</i>	1	2	3	4	5	6	7	<i>Completely applicable to me</i>
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--- This is the end of the questionnaire ---